Weekend planner — dance: David Wampach’s ‘Tour’

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David Wampach freaked a lot of people out last year with his hyperventilated take on the Igor Stravinsky/Vaslav Nijinsky ballet “Rite of Spring.” Now the Holyoke-based Massachusetts International Festival of the Arts has brought the French choreographer and his lungs back for “Tour,” a solo piece that places vocal exercise and breathwork onstage as performance. Methodically using wheezing, chant, laughter and other organic sounds to elicit spontaneous gestures and dance moves from his body, Wampach creates a portrait of a sort of primal or Dionysian being, one which, overtaken by the incessant and uncontrollable rhythm of the respiratory flow, is no longer able to communicate through speech.

Friday at 7 p.m. at Gateway City Arts, 92 Race St. in Holyoke $12 advance; $15 at the door. mifa-tour.brownpapertickets.com or 800-838-3006